		,		_									
Week 1	_			_									
Bolognaise Twists	2Eg	Cereals containing Gluten, Wheat	Chicken & Vegetable Pie	17g	Ceres/s containing Gluten, Wheat	Roast Gammon & Gravy	0g & 2g	None	Caribbean Chicken	11g	Sulphur Dioxide and Sulphites, Milk,	Salmon Fish Cake or Fish Finger	110 ea/50 ea
Spanish Orrelette	10g	Egg, Mik	Torrato & Basil Pasts	300	Ceresis containing Gluten, Wheat, Sulphur Dioxide and Sulphites, Celery	Shepherdess Pie	30g	Ceresis containing Gluten Barley Egg, celery, Sulphur & Sulphites	Quom in Tomato Sauce	7g	Sulphur Digaide and Sulphites, Egg. Celery	Rosated Vegetable Pinwheels	140
Jacket & Cheese	32g	Mik	Jacket & Cheese	32g	Mik	Jacket & Cheese	32g	Mik	Jacket & Cheese	32g	Mik	Jacket & Cheese	32g
Jacket & Tuns Mayonnaise	229	Fish, Egg, Mustard	Jacket & Tuna Mayonnaise	339	Fish, Egg. Mustard	Jacket & Tuna Mayonnaise	33g	Fish, Egg, Mustard	Jacket & Tuna Mayonnaise	33g	Fish, Egg, Mustard	Jacket & Tuna Mayonnaise	339
Jacket & Beans	39g	None	Jacket & Beans	390	None	Jacket & Beans	39g	None	Jacket & Beans	399	None	Jacket & Beans	390
Garlic Bread-No added fat	8g	Cereals containing Gluten, Wheat, Soybean, May Egg & Milk											
			Mashed Potatoes	150	None	Roast Potatoes	2Eg	None	Coconut Rice	21g	Sulphur Dioxide and Sulphites	Skinny Chips	40a
Peas	40	None	Seasonal Vegetables	‡g	None	Cabbage	10	None	Sweetcom	āg	None	Baked Beans	8g
Green Beans	10	None				Carrots	20	None	Peppera	20	None	Peas	40
Rice Pudding & Jam	18g	Sulphur Dioxide and Sulphites, Milk	Fruit Jelly	12g	None	Jam Tart	43g	Sulphur Diceide and Sulphites, Cereals contain Gluten Wheat	loed Mandarin Sponge	36g	Cereals containing Gluten, Wheat, Eggs	Ginger Biscuit	25c
						Custand	16g	Mik					
Mr Nourish Bisquit Lemon/Orang	240/220	Cereals containing Gluten. Wheat	Mr Nourish Biacuit Lemon/Orange	240/220	Cereals containing Gluten Wheat	Mr Nourish Biscuit Lemon/Orange	24g/22g	Cereals containing Gluten. Wheat	Mr Nourish Bisicuit Lemon/Orange	240/220	Cereals containing Gluten Wheat	Fruit Pots	150
Fruit Pots	15g	None	Fruit Pots	150	None	Fruit Pots	15g	None	Fruit Pots	150	None	Yoghurts	10g/13g
Yoshurts	10a/13a	Mile	Yeghurts	10a/13a	Mik	Yoghurta	100/130	Mik	Yoshurta	100/130	Mile	,	
Week 2	1000.000			100 100			regroup.			109.00			-
	27g	Cereals containing Gluten, Wheat, May contain Sesame Seeds	BBO Bash	120	Celery Sulphur Dioxide and Sulphites	Rosat Chicken & Gravy	0-0-	None	Chirken Jumbalana		Sulphur Dioxide and Sulphites Celeny	Fish Fingers	5g each
Bean Forblades	250	Careals containing Gloten Wheat Milk Montant	Falsfel in Tomato Searce	150	Calany Suighter Director and Suightee	Ouren Soin Tomato Pasts	9949	Canada containing Chitan Wheat Fon		290	Careally containing Girden Wheat Milk	Bonchetts	of many
Jacket & Cheese	20g	Cerears corearing Grosen, White, Milk, Muscard	Jacket & Cheese	100	Celery, Sulprur Licxole and Sulprises	Jucket & Cheese	1/g	Cereals containing Gluten Wheat Ego	Jacket & Cheese	29g	Cenesis containing Gluten, Wheat, Mak	Jacket & Cheese	140
Jacket & Tuna Mayonnaise	32g	Fish, Eco. Mustard	Jacket & Tuna Mayonnaise	329	Fish, Eop. Mustard	Jacket & Tuna Mayonnaise	32g	Fish, Eos, Mustard	Jacket & Tura Mayonnaise	32g	Fish, Egg, Mustard	Jacket & Tuna Mayonnaise	329
Jacket & Funs Mayonnaise	33g			230			33g			330			333
Jacket & Beans	39g	None	Jacket & Beans	399	None	Jacket & Beans	39g	None	Jacket & Beans	399	None	Jacket & Beans	399
Herby Diced Potato	25g	Cereals containing Gluten, Wheat	WG Rice	22g	None	Roast Potatoes	2Eg	None	Homemade Tornato Bread	āg .	Cereals containing Gluter, Wheat, Soybean, May contain Milk & Egg	Chunky Chips	360
Colesiaw	30	Egg, Mustard	Green Beans	1g	None	Seasonal Vegetables	5g	None	Braccali	10	None	Baked Beans	8g
Sweetcom	8g	None	Peppers	2 g	None				Carrots	20	None	Peas	4g
										_			
Crumble Bar	4Eg	Cereals containing Gluten, Wheat, Oats, Sulphur Dioxides & Sulp	loed Chocolate Sponge	31g	Cereals containing Gluten, Wheat, Eggs	Fruit Jelly	12g	None	Apple Pie	19g	Cereals containing Gluten, Wheat,	Apricot Biscuit	31a
									Custard	150	Mik		-
Mr Nourish Bisquit Lemon/Orang	240/220	Cereals containing Gluten. Wheat	Mr Nourish Biacuit Lemon/Orange	240/220	Cereals containing Gluten Wheat.	Mr Nourish Biscuit Lemon/Orange	24g/22g	Cereals containing Gluten. Wheat	Mr Nourish Bisicuit Lemon/Orange	240/220	Cereals containing Gluten Wheat	Fruit Pots	150
Fruit Pots	150	Norse	Fruit Pota	150	None	Fruit pots	150	None	Fruit Pts	150	None	Yoshurts	100/130
	10g/13g	MB	Yoghurts	100/130	Mk		100/130	Mik	Yoshurta	100/130	Mk		100 100
Week 3													
Masthally & Dasta Chicken-Brok	25/1	Cereals containing Gluten, Wheat Celery, Sulphur Dioxide & Sulp	Chicken & Sweetcorn Pizza	170	Canada containing Cluter Wheat Souteen, Milk May Free	Rosat Pork & Gravy	0 g & 2 g	None	Sticky Chicken	110	Cereals containing Gluten Wheat Soybean Celery Sulphur Digeide Sulphites	Bottered Fish	11a Ernaun d
Sexual Distato Boat	330	None	Marnarita Pirra	170	Canada containing Glotan Wheat Scubern, Mile May For	Varieteble Pottie	15a	New	Tomato & Sawat Penner Pasts	334	Canada containing Glutan Wheat Sulphur Direida and Sulphites Calary	Cheese & oning Ouiche	110 r room o
Jacket & Cheese	200	Mile	Jacket & Cheese	224	Mile.	Jacket & Cheese	777	160-	Jacket & Cheese	224	Min.	Jacket & Cheese	774
Jacket & Turus Maconnaine	330	Fah. Ecc. Musterd	Inchet & Turo Maurorosine	224	Fish, Eco, Mustard	Jacket & Turo Maurorosine	224	Fish, Egg, Mustard	Jacket & Tuna Mauronaise	224	Fish, Eop. Mustard	Jacket & Tuna Mayonnaise	77-
Jacket & Beans	304	None	Jacket & Beans	20g	None Carlo Manager	Jacket & Beans	304	None	Jacket & Bears	304	None	Jacket & Beans	304
Harby Resert No sylded fee	200	Cereals containing Gluten Wheat Soubean, May Egg & Milk	Jacket is Dearts	ery.	That is	Januari la Literatio	200	(Valle	WG Bire	224	None	COLORS IN LINES IN	Jany
Personal Incident Incident Inc.	10	None		_		Rosat Potatoes	25.4	None	WURLE	***	HAIR	Chunky Chips	_
Cardiforner	-9	None			None		200			_			300
Cheese & Binosh	130	Careals containing Cloten Wheat Outs Milk	Sweetcom Permera	ēg	None None	Carrots	20	None None	Sessonal Vegetables	20	None	Baked Beans Colealess	- Bo
		Cerears containing Grusen, wheat, Oats, Milk	Peppers	49	none	PESS	40	None				COMMIN	130
Custard	16g	Mik											
Autumn Crumble	280	Cereals containing Gluten, Wheat	Fruit Jelly	12g	None	Angel Delight	12g	Mik	Ice cream ( See brackets for Tub 4527)	17g(22g)		Flapjack	250
			Mr Nourish Biscuit Lemon/Orange	24g/22g	Cereals containing Gluten, Wheat	Mr Nourish Biscuit Lemon/Orange	24g/22g	Cereals containing Gluten, Wheat	Mr Nourish Biscuit Lemon/Orange	24g/22g	Cereals containing Gluten, Wheat	Fruit Pots	150
Fruit Pots	15g	None	Fruit Pots	15a	None	Fruit Pots	15g	None	Fruit Pots	15g	None	Yoghurts	10g/13g
Yoshurta	10a/13a		Yoghurts	10o/13o		Yoghurts	10a/13a		Yoghurts	100/130			

50%+ Fruit-based Desserts CHD = Carbohydrate

The allergen and carbohydrate information is based upon product data supplied by manufacturers and suppliers and is calculated using McCance tables. Information is therefore approximate and may change during the menu cycle. Date: 5th June 2017.